

## WHAT IS SINUSITIS?



Sinusitis is a common condition in which the lining of the sinuses becomes inflamed. It's usually caused by a viral infection and often improves within two or three weeks. The sinuses are small, air-filled cavities behind your cheekbones and forehead

## TYPES OF SINUSITIS

- Acute sinusitis usually starts with cold like symptoms such as a runny, stuffy nose and facial pain. It may start suddenly and last 2 to 4 weeks.
- Sub acute sinus inflammation usually lasts 4 to 12 weeks.
- Chronic inflammation symptoms last 12 weeks or longer.
- Recurrent sinusitis happens several times a year.

## CAUSES OF SINUSITIS

Chronic sinusitis. Chronic sinusitis can be caused by an infection, growths in the sinuses (nasal polyps) or by a deviated septum. Signs and symptoms may include nasal obstruction or congestion that causes difficulty breathing through your nose, and pain and swelling around your eyes, cheeks, nose or forehead.

## SYMPTOMS OF SINUSITIS

- Sinus pressure behind the eyes and the cheeks.
- A runny, stuffy nose that lasts more than a week.
- A worsening headache.
- A fever.
- Cough.
- Bad breath.
- Thick yellow or green mucus draining from your nose or down the back of your throat (postnasal drip)
- Fatigue.

## NEUROTHERAPY TREATMENT

### First treatment

Inflammation treatment formula

### Second treatment

(8) Pan  
(3) Gal  
(3) Acid  
(6) Adr  
(6) Stretch

(6) Lu + Sh